

MOUNTAINS to SEA

RACE ROUTE

Day 1 Ruapehu to Whakahoro

Day 2 Whakahoro to Pipiriki

Day 3 Pipiriki to Wanganui

MT RUAPEHU - START

Taumarunui

Whakahoro

Pipiriki

Whanganui River

NORTH

WANGANUI - FINISH